

# Mental Math Strategies

Here are some strategies to remind your child to use when working on math facts at home. You may even want to explain or "think aloud" by telling how you think through a problem using these strategies. The strategies are:

- ✓ Count up
- ✓ Count back
- ✓ Memorize Doubles (number plus itself)
- ✓ Doubles + 1
- ✓ Doubles + 2
- ✓ Memorize 10s partners (numbers that make 10 together)
- ✓ Adding or subtracting 10 mentally